

## ACCOMMODATION IN BARBADOS

Art Studios | Apartment 14 | Discovery Bay | St James Barbados

### Eating out

#### **Ragamuffins**

Restaurant on 1st Street. We visit this restaurant on every trip. Great Bajan food including a hot West Indian curry. The blackened catch of the day is our favourite and is a very generous portion. There is an excellent "cabaret" on Sunday nights which shouldn't be missed. You may need to book a table for the cabaret in the busy season.

#### **Spago**

Has two restaurants one in 2nd Street and one at Settler's Beach complex, which is located next to The Sandpiper Hotel. The menus are the same, but the location at Settler's beach is beautiful. You have to walk through the main entrance and go through the gardens. It is set on the water front an ideal location for a cocktail at sunset and serves good Italian food. There is live music every Tuesday night. Spago in 2nd Street has a nice deck area which is a good place to watch the crowds at The Mews and Elbow rooms on a Friday night.

#### **Surfside Bar**

Beach front bar at Hometown that also does food. It is located at the back of the Post Office on the beach. Food is pretty reasonably priced and there is a daily happy hour. You can also catch up on any live sporting fixtures. Popular with expats.

#### **The Mews**

On 2nd Street. Fine dining upstairs, delicious food and very friendly staff. Stylish bar downstairs that is good for a nightcap after dinner and often a good place to spot a celebrity. Very lively on Friday nights when it often has live music.

#### **Tides (432 8356)**

Opposite the chattels just south of Hometown (15 min walk from the apartment). This is a really special restaurant good for a romantic night. It is pricey, but worth it for the food, waterfront views, atmosphere and excellent service. Probably best to book if you want a waterfront table.

#### **De Vine café**

Situated in the middle of the Chattel shops. This café is good for a mid-morning drink. Their cappuccino is very good. Good reasonably-priced food. They provide a photocopy of a UK newspaper on Monday / Wednesday and Friday as well as local papers daily. All the staff are very friendly.

#### **Patisserie Flint**

On the highway just before 2nd Street. Has a lovely deck to sit on, but is very close to the main road and can sometimes be noisy. Good for pastries, cakes and sandwiches to take out or eat in. They also serve a good cappuccino with real chocolate on top. They do picnic boxes and their banana bread is delicious.

#### **Sitar**

Indian restaurant at the end of 2nd street. Great Indian food and good air-conditioning so you won't get too hot eating your curry!

#### **TML bar**

1st Street - very cheap beer and good fun on a Sunday evening as they have a Karaoke party.

#### **Elbow Room**

2nd Street - lively bar over the weekend (Friday and Saturday) which spills out onto the road. Also does good food - cooking your own dinner on a hot stone is a speciality.

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### **Zaccios**

Used to be Cocomos – just past the Scotia bank in Holetown. Set on the sea front, good menu – portions are a good size. Ask for a seafront table. Great cocktails; even if you don't go for dinner go for a sunset cocktail and watch the waves crash up on the rocks.

### **Coxies Chattel bar**

Opposite side of the road to The Sandpiper Hotel. Coxie used to live in both the UK and Germany and has many stories to tell. This is a very friendly 'local' bar. He also does some local cooking as well – although we have not tried this.

### **Bean and Bagel**

In the shopping centre does a good Bajan breakfast that includes flying fish and plantain.

The supermarket also has a deli area with some great local food, eaten by locals and is very reasonably priced. Macaroni pie and the hot chickens are our favourite.

### **Just Grillin'**

south of the Chattel houses. It's a large red wooden hut that has good cheap food and large portions. You have to order the food, collect a number, choose a table and then collect your food when your number is called – just like Argos – but quicker! The jerk chicken and burgers are very good.

### **Good Choice Chinese**

turn left at the Sunset Crest Clinic and walk 500 yards to the Golden View apartments. The restaurant is located by the pool. The food is very tasty, good portions and is great value. Beer and wine is also a good price.

### **The Cliff (432 1922)**

Although we have never eaten here it has the reputation of being the best restaurant on the island. Prices are very expensive, but the food is apparently superb. You should ask for a waterfront table, but you will need to book.

### **Fish Fry at Paynes Bay**

This is a very small, very local fish fry - busy on Friday nights. The portions are massive and very cheap. It is very friendly and you will enjoy the local company.

## North of Holetown

### **Lone Star**

North up the highway about 5 minutes on the bus. It used to be a garage and is now a hotel and restaurant set on the water front. It is relatively expensive, but the menu and food is very good and the waterfront location is very nice.

### **Ju Ju's**

A beach bar located just south of Lone star on the beach. Really great place for lunch and great value. Their chips are to die for!

### **Mullins beach bar**

North up the highway about 10 minutes on the bus. Beautiful beach location and a great place to have lunch then walk along the beach. Good place for a cocktail and watching the sunset.

### **Cassareep**

Speightstown - opposite Courts. It is a beach front café. There are tables out the back (some on the sand). Good cheap food. Rotis are delicious. It is open for lunch every day and dinner on Thurs/Fri/Sat evenings and does breakfast (bacon, eggs and toast) every day. It's one of our favourite places for lunch.

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### **Fish fry at Half Moon Fort**

Thursday, Friday and Saturday nights. Set at the water's edge next to the fish market. It has great tasty food, which is very good value, but apparently the prices have increased recently. It's North of Speightstown on the coast road. A bit of a trek from Holetown without a car, but a good venture. Take the bus from Art Studios to Josey Hill or Connell Town. (The bus leaves Bridgetown on the hour and arrives at Holetown approx 20 / 25 mins past – depending on traffic). The bus passes Port St Charles and continues up the road and then turns left towards the coast. The bus driver will let you know where to get off if you ask him, as will most of the passengers, as will most of the passengers if you ask them.

### **The Fish pot at Little Good Harbour (439 2604)**

This restaurant is set on the waters edge just south of the fish fry at Half Moon Fort (so follow the same directions and ask for the Fish pot). It has a really lovely menu with delicious food. It can be expensive, but is well worth it. They have a nice lounge area and deck where you can enjoy a pre or post dinner drink. You can walk back down to the main road to increase the number of buses back to Holetown.

We have eaten / drank at all these places and are happy to recommend them all. To experience the real taste of Barbados, we suggest, that while you are on the island, you should try a Rum punch, some flying fish, plantain, bread fruit, macaroni pie and local 'Banks' beer. All local delicacies and all delicious.



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